



SLEEP MATTERS

EDITION #2: SEPTEMBER 6, 2016

SRN MEETING OCT 6TH/ SLEEP² MEETING OCT 7TH

Register by September 29th at

https://u.arizona.co1.qualtrics.com/jfe/form/SV_0fGN2DyB4dlTuS1

SRN MEETING

KEYNOTE SPEAKERS

Irene Katzan, MD, MS from the Cleveland Clinic will discuss opportunities for collaborative research through using the electronic health record.

Lisa Meltzer PhD, University of Colorado Medical School will discuss PROMIS Patient-Reported Outcomes for sleep in children.

Stephen Wisniewski, PhD, Associate Vice Provost, University of Pittsburgh, will discuss the Pulmonary Trials Cooperative Network Management Core (NEMO), and opportunities for collaborative sleep trials.

NIH ROUNDTABLE with attendees from the National Center for Sleep Disorders Research (NCSDR) and Trans-NIH Sleep Research Coordinating Committee, which represents 11 institutes, centers, and offices within the NIH.

PARTICIPATE IN SRN DISCUSSION/WORK GROUPS. Topics will include mobile devices in multi-center research, sleep apnea clinical trials, and genetics of sleep and EEG.

SIGN-UP FOR ANNUAL SRN NETWORKING BLITZ: attendees will have 90 seconds to present one slide with a current or planned research initiative with potential for network dissemination or implementation. SUBMIT YOUR SLIDE TO CODY HAVENS BY OCT 3rd

(chavens@email.arizona.edu)

MEET SRN TRAVEL AWARDEES AND NETWORK AT POSTER RECEPTION

(see full list of awardees on pgs. 2 & 3)

Networking Opportunities in Sleep Medicine

Thursday Oct 6th, 2016,
Bethesda, MD: **Annual SRN Meeting**

Friday Oct 7th, 2016,
Bethesda, MD: **SRN PCORI SLEEP² Engagement Meeting**

Double Tree by Hilton
8120 Wisconsin Avenue
Bethesda, MD 20814

Mention the SRN
Call 1-800-955-7359
Deadline for Group Rate
(\$179 plus tax) is **SEPT 9th**

Contribute to this Newsletter

We are inviting submissions to this newsletter that could feature your sleep and circadian sciences laboratory. Please send 1000 word write-up and pictures to Editor.



September 6, 2016 Edition #2, Volume 1

SLEEP² MEETING OCT 7TH

Strategically Leverage Engage and Empower PCOR in Sleep has an overarching goal to engage patients, scientists, and other stakeholders across the entire span of sleep research from topic generation to conduct of studies to disseminating and implementing the research findings.

KEYNOTE SPEAKERS

Joe Selby, MD, MPH, Executive Director of PCORI will speak about a patient-centered approach for managing multiple chronic medical conditions.

Julie Flygare, JD, from Project Sleep, “What is important to patients?”

Rebecca Fuoco, MPH, Project Sleep, sleep disorder communication guidelines for researchers.

Jon Puro MPA/HA, PI OCHIN CDRN, will discuss enhancing the pace, ease, and scale of your research.

PCORI MOCK GRANT REVIEW: Learn how the PCORI grant review process differs from traditional research grant reviews. Two experienced co-chairs Drs. Jerry Krishnan, MD, PhD (VP of Population health; University of Illinois and Dr. David Au, MD, MS (University of Washington) will lead this review with a Merit Review Officer, 6 scientists and 2 patient reviewers.

SLEEP² Networking Blitz for meeting participants including researchers, patients, and stake-holders using the 90-sec, 1-slide format. Patients and stakeholders encouraged to present their ideas for meaningful engagement. SUBMIT YOUR SLIDE TO CODY HAVENS BY OCT 3rd (chavens@email.arizona.edu)

2016 SRN TRAVEL AWARDEES

JESSIE BAKKER, PHD, Instructor in Medicine/ Associate Epidemiologist, Brigham & Women's Hospital; Harvard Medical School. Research Interest: clinical trials in sleep-disordered breathing.

LYNN BANIAK, PHD, University of Pittsburgh School of Nursing, Postdoctoral Fellow. Research Interest: Cardiovascular implications of untreated sleep apnea.

BRIAN CADE, PhD, Instructor in Medicine/Associate Geneticist, Brigham & Women's Hospital; Harvard Medical School.

Research Interest: Genetics of obstructive sleep apnea.

MARIE GEBARA, MD, Post Doctoral Fellow, VA Pittsburgh Mental Illness Research, Education, and Clinical Center. Research Interest: Patient preference and the role of behavioral interventions for insomnia in older veterans with Treatment Resistant Depression (TRD).

SARAK HONAKER, PHD, Assistant Professor of Pediatrics, Indiana University School of Medicine. Research Interest: Improving the detection of pediatric sleep

apnea by primary care providers using computer decision support systems.

ANNA MAY, MD, Clinical Instructor, Case Western Reserve University. Research Interest: Patient-centered solutions for optimizing obstructive sleep apnea treatment.

MONICA ORDWAY, PHD, Assistant Professor, Yale University School of Nursing. Research Interest: Interaction between sleep, stress, and child behavioral problems in toddlers living in socio-economically disadvantaged homes.

AZIZI SEIXAS, PhD, Senior Postdoctoral Fellow, NYU School of Medicine. Research Interest: Reducing racial and income inequality health disparities in sleep, cardiovascular and cerebrovascular diseases.

STACY SIMON, PHD, Assistant Professor, Children's Hospital

Colorado & University of Colorado Denver. Research Interest: Negative health outcomes of inadequate sleep health during adolescence.

JUSTIN THOMAS, PHD, Post-Doctoral Scholar, University of Alabama at Birmingham. Research Interest: Effects of cognitive behavioral therapy for

insomnia on cardiovascular outcomes.

ALLISON WILKERSON, PhD, Postdoctoral Fellow, Medical University of South Carolina. Research Interest: Impact of neurostimulation on sleep.

The SRN is a membership organization of sleep and circadian researchers that was created in 2008 by sleep and circadian researchers from institutions that had received the National Institutes of Health (NIH) Clinical and Translational Science Awards (CTSA).



SRN Mission Statement

The mission of the SRN is to promote sustainable, multi-institutional collaborations that address significant public health questions in sleep medicine and circadian biology, while also attracting and supporting training for the next generation of sleep medicine investigators. We address our goals through an annual meeting, network communications and project development, and collaborative grant applications.

SRN Newsletter

Editor: Ellis Boudreau, MD, PhD (boudreau@oshu.edu)