



# SLEEP MATTERS

EDITION #1: JULY 1, 2016

## SRN RECEIVES PCORI ENGAGEMENT AWARD: SLEEP<sup>2</sup>

In-line with the SRN’s mission of facilitating networking within the sleep community, the SRN received a Eugene Washington PCORI Engagement Award.

The purpose of this Engagement Award Initiative is to provide funding support for meetings and conferences that align with the Patient Centered Outcomes Research Institute’s (PCORI) Mission and Strategic Plan and facilitate expansion of patient-centered outcomes research/clinical comparative effectiveness research (PCOR/CER). The Strategically

“SLEEP<sup>2</sup> OFFERS AN EXCELLENT OPPORTUNITY FOR SLEEP RESEARCHERS TO LEARN ABOUT PCOR AND PERFORM MEANINGFUL COMPARATIVE EFFECTIVENESS RESEARCH” - DAN BUYASSE, MD, UPMC.

Leverage Engage and Empower PCOR in Sleep (SLEEP<sup>2</sup>) has an overarching goal to engage patients, scientists, and other stakeholders across the entire span of sleep research from topic generation to conduct of studies to disseminating and implementing the research findings. (More information on page 2).

## EXCITING LINE-UP OF SPEAKERS

SRN annual meeting in Bethesda, MD (October 6-7<sup>th</sup>)

We have lined up exciting Keynote speakers for the meeting:

**Joe Selby, MD, MPH**, Executive Director of PCORI will be keynote speaker on Friday, October 7<sup>th</sup>.

## Networking Opportunities in Sleep Medicine

PLEASE SAVE THE DATES:

Thursday Oct 6<sup>th</sup>, 2016, Bethesda, MD: **Annual SRN Meeting**

Friday Oct 7<sup>th</sup>, 2016, Bethesda, MD:

**SRN PCORI SLEEP<sup>2</sup> Engagement Meeting**

## Seeking Input for Work Group Discussions

Workshop sessions designed to encourage future multi-site participations will be held on Thursday afternoon of the SRN annual meeting.

## Contribute to this Newsletter

We are inviting submissions to this newsletter that could feature your sleep and circadian sciences laboratory. Please send 1000 word write-up and pictures to Editor.



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**Stephen Wisniewski, PhD,** Associate Vice Provost, University of Pittsburgh, will discuss the Pulmonary Trials Cooperative Network Management Core (NEMO), and opportunities for collaborative sleep trials.

**Mark Pletcher, MD, MPH,** Professor, UCSF, will discuss sleep research opportunities through Health e-Heart.

**Irene Katzan, MD, MS** from Cleveland Clinic will discuss opportunities for collaborative research through using electronic health record.

**Other activities will include:**

Work group break-out sessions to discuss and plan collaborative sleep-focused research studies. The annual SRN Networking Blitz, which gives attendees 90-seconds to highlight their work

A poster session for early investigator travel awardees. NIH roundtable with attendees from the National Center for Sleep Disorders Research (NCSDR) and Trans-NIH Sleep Research Coordinating Committee, which represents 11 institutes, centers, and offices within the NIH.

Workshop sessions designed to encourage future multi-site participations will be held on **Thursday afternoon of the SRN annual meeting**. We are seeking your input for the Work Group topics. Please indicate three topics that would interest you and return them to us by e-mail.

Examples of prior workshop topics that have or may yet result in collaborative projects:

**1. Pregnancy and OSA.** This workshop resulted in pooling of resources that eventually resulted in one or more grants and mentored collaborations on the epidemiology and treatment of OSA in pregnancy and their role in pre-eclampsia.

**2. Characterizing flow limitation in PSG and ambulatory studies.** This collaboration resulted in a proposal for an ATS workshop attended by multiple interested sites and is developing a set of recommendations for scoring flow limitation and its use in research projects.

**3. Genetics in Sleep.** This workshop explored collaborative strategies to pool genetic samples and research projects involving stored biosamples.

Please visit website for detailed program.

## **SLEEP<sup>2</sup> PCORI EUGENE WASHINGTON PCORI CONFERENCE**

**Continued from page 1:**

The Sleep Research Network (SRN) is uniquely poised to leverage its existing resources, empower patients, and engage both patients and stakeholders in order to accomplish the afore-mentioned overarching goal through four in-person conferences over the next two years. An iterative process of engaging patients and multiple stakeholders in three topical areas of sleep will be performed to accomplish the deliverables. The specific objectives for this conference award are:

Specific objective #1: Influence sleep researchers to incorporate patient-centeredness in their ongoing and future research studies.

Specific objective #2: To create a centralized "sleep-specific" patient-stakeholder engagement resource that can enable both junior and established sleep researchers to develop and conduct PCOR.

Specific objective #3: Develop a series of non-binding guidance documents to promote the dissemination and implementation of emerging findings and methodologies generated by PCOR/CER in sleep medicine.

Invited lectures by other PCOR researchers that includes Dr. Jennifer DeVoe, MD, MPH, PI of OCHIN Clinical Data Research Network (CDRN) and Jerry Krishnan, MD, PhD, PI of PELICAN and PCORI large pragmatic trial RELIANCE as well as mock PCORI grant review workshops, interactive sessions, and electronic surveys will occur as part of this endeavor. We look forward to your active participation in this and other planned activities. Please contact Cody Havens ([chavens@email.arizona.edu](mailto:chavens@email.arizona.edu) with questions regarding the SLEEP<sup>2</sup> conference).

The SRN is a membership organization of sleep and circadian researchers that was created in 2008 by sleep and circadian researchers from institutions that had received the National Institutes of Health (NIH) Clinical and Translational Science Awards (CTSA).

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